

# 元極舞 Yuan Ji Dance



**Instructor: Annie Fung** with practicing & teaching Yuan Ji Dance experience over 18 years

老師擁有 18 年的元極舞經驗

**Yuan Ji Dance is a mixture of dance, Tai Chi, Physical therapy, & "chi" exercise. Elegant movements with Charming music**

元極舞綜合跳舞，太極，物理治療以及“氣”運動，健康的舞姿配合優雅音樂進行

**Date: 週一, Every Monday**

**早上 8:30-9:30AM**

**Location: AACI Senior Center (Moorpark)**

**2400 Moorpark Ave suite 111, San Jose, CA 95128**

**\*\*\* Space is limited, please sign up soon 名額有限, 盡快報名\*\*\***

**\*\*\* Welcome anyone to join the membership NOW 歡迎成為新會員\*\*\***

**Free** to all AACI Senior Member,

\$5/ 每堂課 Class for non-members, Ask Staff for First Time Free Trial class

查詢詳情, 請與職員聯絡: 鄭小姐(408)975-2730 X184 鍾小姐 (408)975-2730 X 177

For More information: Eunice Cheng (408)975-2730 X 184 Jasmine Zhong (408)975-2730 X 177

\*Class participants must be current AACI Senior Wellness Center (Moorpark) GOLD or SILVER members ONLY. Early registration is recommended due to the popularity of the class. Refunds will not be issued to participants. Waiting List Policy: If you register for a class that is filled, your name will automatically be placed on a Waiting List system. If a space opens, we will notify you by phone. We recommend registering at least one week prior to the start date of class if the class does not meet the minimum number of students, it will be cancelled. Class schedule may subject to change with advanced notice. All participants must sign liability waiver and photo consent

**名額有限, 額滿即止**  
**please Register ASAP**