

元極舞 Yuan Ji Dance



Instructor: Annie Fung with practicing & teaching Yuan Ji Dance experience over 18 years

老師擁有 18 年的元極舞經驗

Yuan Ji Dance is a mixture of dance, Tai Chi, Physical therapy, & "chi" exercise. Elegant movements with Charming music

元極舞綜合跳舞，太極，物理治療以及“氣”運動，健康的舞姿配合優雅音樂進行

Date: 週一, Every Monday

早上 8:30-9:30AM

Location: AACI Senior Center (Moorpark)

2400 Moorpark Ave suite 111, San Jose, CA 95128

***** Space is limited, please sign up soon 名額有限, 盡快報名*****

***** Welcome anyone to join the membership NOW 歡迎成為新會員*****

FREE FOR ALL MEMBERS 非會員 non-member \$10/ 每堂課 class

For Information: (408)975-2730

Eunice Cheng ext.184 | Ly Vo ext.116 | Jasmine Zhong ext.177

*Class participants must be current AACI Senior Wellness Center (Moorpark) GOLD or SILVER members ONLY. Early registration is recommended due to the popularity of the class. Refunds will not be issued to participants. Waiting List Policy: If you register for a class that is filled, your name will automatically be placed on a Waiting List system. If a space opens, we will notify you by phone. We recommend registering at least one week prior to the start date of class if the class does not meet the minimum number of students, it will be cancelled. Class schedule may subject to change with advanced notice. All participants must sign liability waiver and photo consent

**名額有限, 額滿即止
please Register ASAP**